

## Lesson Plan: Eating out

Duration: 45min x 2

### Target group/ number of participants in the group

A1 level, adult learners, 4-10 participants

### Facility/ Equipment

- Whiteboard
- Pens
- TV
- Digital devices

### Tools/ Materials

- Role play scenarios
- Menu Examples

### Lesson's objectives

By the end of the lesson, learners will:

- Demonstrate booking a reservation by phone or internet
- Comprehend a menu including dietary requirements
- Demonstrate requesting meals including dietary requirements and take out

### Digital tools involved/ reference to digital solutions

- Websites such as local restaurants and take outs.
- You tube for examples

SPECIFIC OBJECTIVES	METHODS OF WORK	MATERIALS	TIME
<b>Glossary</b>	<p>Prepare a list of essential vocabulary:</p> <ul style="list-style-type: none"> <li>• Reservation</li> <li>• Allergy Guidance</li> <li>• Deposit</li> <li>• Service charge</li> </ul> <p>Use the power point to show words, meaning and examples</p>	PowerPoint	<b>10 min</b>
<b>Lead-in</b>	<p>When I go to the restaurant game. Introduces words, language and memory</p> <p>Each S will say “when I go to the restaurant I order ....” And pick something from a restaurant, the next S will start the game by repeating the start and student 1 choice then add their own. This continues until someone misses an answer.</p> <p>This will have Ss thinking of restaurants</p>		<b>10 min</b>
<b>Warm-up</b>	<p>Break out groups to discuss the differences or meal providers – Take away, café, restaurant</p> <p>Ask Ss to consider, type of meals, how they are served, seating, price ec</p>	White board and pens	<b>15 min</b>
<b>Listening practice</b>	<p>Watch a video about visiting a Restaurant, ask Ss to pick out things that were good and bad.</p> <p>Notice Being greeted by someone Finding own table Requesting drinks/menus Requesting bill Use of service charge</p>	Video	<b>15 min</b>

SPECIFIC OBJECTIVES	METHODS OF WORK	MATERIALS	TIME
<b>Speaking practice</b>	Role play scenarios around restaurant  Calling and reserving Walking in a asking for a table Ordering food Asking for bill	Role Play Scenarios	<b>25 min</b>
<b>Writing practice</b>	Booking a reservation online,  Typing restaurant type, who many people ect, notes on allergies.	Digital Devices	<b>5 min</b>
<b>Wrap up</b>	Read a menu and choose a meal suitable for various allergies.  Recap module If time. My favorite meal discussion.  Around the room asking about favorite meal, is it from home or eating out, good and bad experiences.	Example menus	<b>10 mins</b>

## HANDOUT 1 Lesson Plan: Eating out

There are 14 major allergens that must be declared when used as ingredients in food:

1. Cereals containing gluten (wheat, rye, barley, oats)
2. Crustaceans (crabs, lobster, prawns, scampi)
3. Eggs
4. Fish
5. Peanuts
6. Soybeans
7. Milk
8. Nuts (almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios, macadamia)
9. Celery (including celeriac)
10. Mustard
11. Sesame seeds
12. Sulphur dioxide and sulphites (at concentrations above 10 mg/kg or 10 mg/L)
13. Lupin
14. Molluscs (mussels, oysters, squid, snails)



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## HANDOUT 2 Lesson Plan: Eating out

To make a restaurant reservation, you typically need to provide the following basic information

- **Name:** The reservation will be held under your name. Some restaurants may ask for your full name to avoid confusion.
- **Contact Number:** A phone number (mobile or landline) is required so the restaurant can confirm your booking or contact you if there are any changes.
- **Date and Time:** Clearly state the date and preferred time for your reservation.
- **Number of People:** Specify the exact number of guests in your party, including children and babies if applicable.
- **Special Requests (optional):** Mention any preferences (e.g., seating location), dietary restrictions, accessibility needs, or celebrations (such as birthdays) so the restaurant can accommodate you.

Some restaurants may also ask for:

- **Email Address:** For sending confirmation and reminders, especially with online bookings.
- **Occasion:** If you are celebrating a special event, this can help the restaurant personalize your experience<sup>5</sup>.
- **Deposit or Credit Card Details:** For large parties or peak times, a deposit or card hold may be required to secure your booking<sup>8</sup>.

Providing accurate and complete information helps ensure a smooth reservation process and a better dining experience.



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